

how to use your notion template

3 steps — takes under 5 minutes:

step 1 — open the files

Unzip your download and open the `sections/` folder.

step 2 — create your notion workspace

1. Go to [notion.so](#) and sign in (free account works perfectly)
2. Click + **New page** in your sidebar
3. Name it `Life Planner 2026`

step 3 — import your pages

For each `.md` file in the `sections/` folder:

1. In Notion, create a new sub-page inside your Life Planner
2. Click inside the page → press `/` → choose **Import**
3. Select **Markdown & CSV** → upload the `.md` file
4. The page structure, headings, and sample data will appear instantly

That's it! Repeat for as many pages as you want to use.

frequently asked questions

Do I need a paid Notion plan?

No — everything works with the free Notion plan.

Can I customise the pages?

Yes — change colours, rename columns, add new properties, anything.

Can I use this on mobile?

Yes — Notion works on iOS and Android.

Need help? Contact us through Etsy messages and we'll respond within 24 hours.